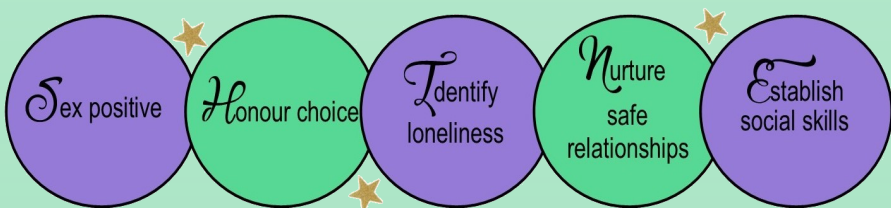


Ready 2 Shine^{CIC}

Company Number : 11086145

We support people with Learning Disabilities and their staff teams learn about Relationships, Emotions and Sexual Health.



Get in touch



02392 983424



office@ready2shine.co.uk



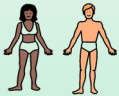
www.ready2shine.co.uk



@Ready2ShineLD

What do we do?

We deliver training sessions to help you understand different topics.



My body and me



Independent self care



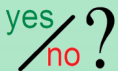
Understanding Emotions



Relationships-Boundaries and types



Relationships- What is important to me



Capacity and Consent



Sexual health